How to Use SAMHSA's Treatment Facility Locator Prepared by Lisa Frederiksen Author | Speaker | Trainer | Consultant Founder of BreakingTheCycles.com and SHD Prevention

1. Type in <u>https://findtreatment.samhsa.gov/locator</u>. Below is a screen shot of the header at this link (when you visit the site, you'll see a map of the U.S. below this header).



2. Select the area in which you hope to find treatment (state, county, distance, etc.), and then select the type of treatment for which you are looking. I selected "Substance Abuse (SA)" in the screen shot example below, but you can select Mental Health (MH), SA & MH (for co-occurring disorders), Veterans Affairs, Buprenorphine Physicians, and Health Care Centers. This second screen shot shows a sample of what you'll see and then be able to select to narrow your search. The actual drop down menu is extensive and covers what you see here, as well as the kind of payment and insurance accepted; whether payment assistance is available; special programs/groups offered; age groups accepted; exclusive services offered; etc.



3. After you have narrowed your treatment criteria, the facility locator will give you a list of providers that offer the services you seek, which includes the provider's website link and telephone number. When you contact the service provider, you can then use the list of questions you have drafted, based on NIDA's suggestions, to determine if it's a fit for your loved one. For NIDA's suggestions and building your list of questions, please visit my blog post, "<u>7 Things to Know When Looking for Addiction Treatment</u>," found on BreakingTheCycles.com.